

W E L C O M E T O



appetisers

An exceptional range of starters to begin your meal, why not try our traditional style by ordering a selection of different starters and sharing them.

Hot Lamb Pieces of lamb marinated with garlic in a sweet and sour sauce with a touch of sweet chilli	£4.95
Chilli Fry Pieces of chicken breast cooked in a mouth watering sauce of sweet chillies and ground mustard	£4.95
Peshwari King Prawn Jumbo king prawn marinated with fried gram flour and spices, grilled in Tandoori with cashew nuts and almonds, flavoured	£5.25
Salmon Tikka Pieces of salmon marinated in light spices and barbecued in the Tandoori	£5.25
Ponir Tikka Pieces of ponir marinated in light spices and barbecued in the Tandoori	£4.25
Aloo Tikka Pan fried patties of mashed potatoes with petit peas, served with yoghurt, tamarind and mint sauce	£4.25
Duck Tikka Tender pieces of duck marinated with Chef's special spices	£4.95
Mixed Starter Chicken tikka, lamb tikka, sheek kebab and onion bhaji	£5.25
Spicy Crab Cake White crab meat in ginger and coriander	£4.95
Bhuna Tiger Prawns Garlic flavoured king prawns with onions and tomatoes	£5.25

Squid Ball Squid cooked with hot spices to tickle your taste buds	£4.95
Lamb Chop Two pieces	£5.95

old favourite appetisers

Onion Bhaji Sliced onions in a spicy batter, then deep fried	£3.25
Chicken or Lamb Tikka Marinated in a special blend of mild spices and barbecued	£4.25
Sheek Kebab Minced lamb blended with spices and onions grilled in the Tandoori	£4.25
Tandoori Chicken Succulent pieces of chicken on the bone, marinated in special spices and roasted in the Tandoori	£4.25
Prawn Puree Prawns cooked in a spicy sauce served on deep fried bread	£4.95
Samosa Triangular pastry filled with a choice of minced lamb or vegetable	£3.25
Tandoori King Prawn King prawn marinated in delicate spices and barbecued on skewers	£5.25

chef's specials

Lamb Shank Shank of baby lamb marinated with extracts of ginger, garlic, cumin and fresh green chilli, medium spiced dish with a mouth watering gravy, the most popular dish in our Mint Restaurant	£16.95	Murg Mirch Massala (Medium) Tender pieces of chicken marinated with fresh green chillies, slices of capsicum, cooked in a rich spring onion sauce	£9.95
Mint Lamb (Medium) Rack of British lamb marinated in a Rajasthani style with fresh coriander and mint, then chargrilled and served with gravy of exotic Kashmiri mint flavour	£13.95	Chicken or Lamb Badam Passanda Barbecued chicken or lamb pieces cooked with ground almonds, fresh mango and served in a nice creamy sauce	£9.95
Methi Murgh (Medium) Chicken breast chargrilled then cooked with rich fenugreek and Indian herbs	£9.95	Rezela (Fairly Hot) Chicken or lamb cooked with minced lamb, fresh green chillies in a yoghurt and coconut sauce	£9.95
Shahi Murgh (Mild) Chicken breast cooked in an onion and cashew nut gravy and topped with fruit and fresh cream	£9.95	Butter Chicken Pieces of marinated chicken cooked in butter with mild spices, creamy and rich, cooked with ground almond	£9.95
Mint Duck (Medium) Duck fillet cooked with medium spices. A moist and full flavoured dish	£13.95	Chicken Tikka or Lamb Tikka Korai Made with capsicums, tomatoes and onion. Korai boasts a full flavoured medium taste	£9.95
Chicken or Lamb Naga (Hot) Succulent pieces of chicken or lamb cooked in a traditional naga paste with a very spicy sauce	£9.95	Chicken Tikka or Lamb Tikka Jalfrezi Stir fried chicken or lamb, well spiced with fresh green chillies. A hot and tasty dish.	£9.95
Achari Gosht (Medium) Lamb cubes cooked with pickling spices	£9.95	Garlic Chilli Chicken Chicken, cooked in a garlic sauce and mixed with peppers and spring onions, then garnished with fresh coriander	£9.95
Chicken Jal (Fairly Hot) Tender pieces of chicken marinated with fresh ground spices and cooked with spring onions, capsicums and green chillies	£9.95	Chicken Tikka or Lamb Tikka Massala Tender chicken in a delicately flavoured creamy sauce with coconut	£9.95
Nawabe (Medium) Chicken and king prawns well spiced with chunks of onion, tomatoes and fresh green chillies	£11.95		

tandoori dishes

Tandoori Chicken Succulent pieces of on the bone chicken	£9.85	Tandoori Salmon Pieces of salmon marinated in light spices and barbecued in Tandoori	£10.95
Chicken or Lamb Tikka Tender pieces of diced chicken or lamb	£9.85	Chicken or Lamb Shashlick Pieces of chicken or lamb marinated in light spices and barbecued in the clay oven	£10.95
Tandoori King Prawns King prawns marinated in delicate spices and barbecued on skewers	£12.95	Tandoori Lamb Chops Succulent chops of young lamb chargrilled in an Indian style, marinated in fresh coriander, garlic and cardamom in a thick yoghurt	£12.95
Tandoori Mixed Grill A combination of Tandoori chicken, chicken tikka, lamb tikka, sheek kebab and king prawn, served with nan bread	£15.95	Whole Sea Bass Whole sea bass marinated with ginger, garlic, pesto, mustard oil, cardamom seeds, chopped green chillies in a thick yoghurt	£15.95

old favourite dishes

Chicken	£6.95
Lamb	£7.25
Chicken Tikka	£7.95
Lamb Tikka	£8.25
Prawn	£7.95
King Prawn	£12.95
Vegetable	£6.25
Duck	£12.95

C H O O S E

Madras	Fairly hot and sour
Vindaloo	Very hot with potatoes
Korma	Very mild with fresh cream and coconut
Ceylon	With coconut and lemon juice, a sweet, sour and hot dish
Bhuna	With onion and tomatoes, a dry medium flavour
Sag	Medium dry and spicy, with spinach

F R O M

Bengal	Prepared in the same way as a madras adding maximum quantity of onions, tomatoes and green peppers
Pathia	Sweet and sour, hot
Dupiaza	Bangalore style curry with spicy fried onions in a delicious sauce
Rogan Josh	Medium spicy with tomatoes based sauce
Dansak	With lentils sweet, sour and hot

seafood specials

Fillet of Sea Bass Lightly spiced Sea Bass delicately filleted and served on a bed of mixed vegetables	£10.95	King Prawn Balcho Tiger prawns cooked in a delicious hot, sweet and sour massala sauce, with fresh coriander. A classic Goan dish	£16.95
Salmon Zalmuri Salmon cooked with curry leaf, dill and turmeric	£13.95	Whole Ginger Crab (Medium) A delicious flavoured mixture of fresh herbs and garlic cooked with medium spices. A flavour you will love	£16.95
Malai King Prawn (Mild) King prawns cooked in a unique cashew and coconut. East Indian style sauce	£16.95		
Nill Giree Fish Fillet of Tilapia fish cooked with fresh coriander, spinach, coconut milk and Indian herbs	£11.95		

balti dishes

Exotic dishes, aromatically spiced, freshly cooked with a balti paste.

Chicken or Lamb Balti	£9.25	King Prawn Balti	£12.95
Chicken or Lamb Tikka Balti	£9.95	Vegetable Balti	£8.95
Prawn Balti	£9.95	Exotic Balti A combination of chicken tikka, lamb tikka and king prawn	£13.95

biriani dishes

Specially cooked with basmati rice, flavoured with cardamom, cinnamon and bay leaf. Served with a vegetable curry.

Chicken or Lamb	£9.25	King Prawn Biriani	£13.95
Chicken Tikka or Lamb Tikka Biriani	£9.95	Vegetable Biriani	£8.95
Prawn Biriani	£9.25	Mint Special Biriani Lamb tikka, chicken tikka, prawn and egg cooked in special spices	£13.95

side dishes

Mushroom Bhaji Chopped mushroom in spices	£4.25	Bombay Aloo Potatoes cooked in spices	£4.25
Sag Aloo Spinach and potatoes	£4.25	Tarka Dall Garlic and lentils	£4.25
Sag Bhaji Spinach with garlic and spices	£4.25	Sag Paneer Spinach and cheese	£4.25
Bhindi Bhaji Okra cooked in spices	£4.25	Chana Massala Chickpeas cooked in spices	£4.25
Aloo Gobi Potatoes and cauliflower	£4.25	Muttar Paneer Peas and cheese	£4.25
Baigon Bhaji Crushed and roasted aubergines cooked in spices	£4.25	Mint Special Vegetables A selection of fresh vegetables cooked in a thick sauce	£4.25

rice

Mint Special Rice Steamed rice fried with prawns, chicken and egg	£3.95	Keema Rice	£3.50
Boiled Rice	£2.50	Egg Rice	£3.50
Pilau Rice	£2.95	Vegetable Rice	£3.50
Mushroom Rice	£3.50	Coconut Rice	£3.50

sundries

Nan Leavened bread	£2.95	Tandoori Roti	£1.95
Keema Nan Filled with spicy minced lamb	£3.50	Chapati Unleavened bread	£1.50
Peshwari Nan Herbs and coconut	£3.50	Cucumber Raita	£1.95
Cheese Nan	£3.50	Poppadom (each)	£0.70
Garlic Nan With fresh garlic and coriander	£3.50	Spicy Poppadom (each)	£0.75
Massala Kulcha Leavened bread filled with vegetables	£3.50	Chips Southern fries	£2.25
Paratha Round shaped bread fried in butter	£2.10	Assorted Pickles (each) Mint sauce, onion salad, mango chutney, lime pickle and mixed pickle	£0.70
Stuffed Paratha Fried whole wheat bread	£3.50		

Some dishes may contain nuts or dairy products, so please inform us of any allergies when placing your order. Please remember at Mint our Chef can prepare any dish not listed on the menu. We can also do outside catering for private parties and weddings etc. Please ask for more details.

